



Nurture Pods

EARLY INTERVENTION CENTRE FOR CHILDREN

NewsPod

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I'm not a psychologist! I have not much experience with children with special needs! Could I still learn intervention strategies?

Yes, you can! In fact, there are many other parents, teachers, and paraprofessionals who can greatly benefit from this and apply them at work or at home.

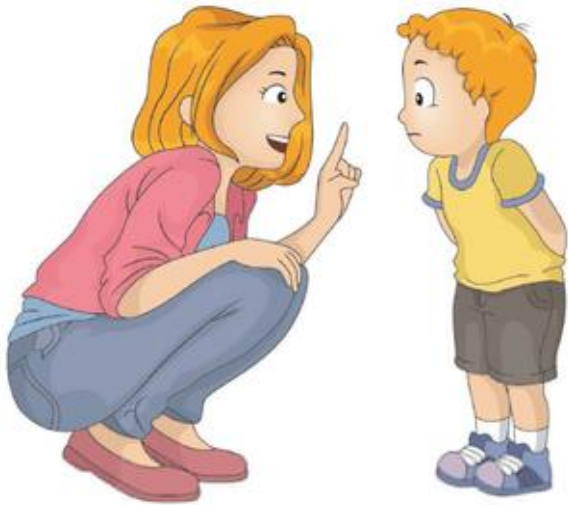
Here are **5 reasons** why it is important for you to learn some intervention strategies:

1. Intervention strategies are extremely effective in early child development

Studies have shown that, through early intervention, helpful habits are easier to hone and unhelpful habits are easier to halt, as compared to later intervention. Furthermore, as parents, teachers, and paraprofessionals, you will be interacting with children at home and in school - the two places children spend most of their time at. An example of an intervention strategy that has been widely proven to be effective is applied behaviour analysis (ABA). ABA has been shown to produce significant boosts in three core areas of development in children: language, cognition, and social behaviour. Hence, when you are equipped with such



practical knowledge, you will be able to increase desired behaviours and reduce or eliminate undesirable ones as early as possible.



2. Knowing how to react

Learning intervention strategies will allow you to react appropriately to different situations. For example, if you have minimal knowledge of children with special needs, you would most probably feel helpless during a child's meltdown. Applying strategies to alleviate the situation is important to reduce the stress for both the child and you. Also, it reduces the chances of unknowingly aggravating a situation.

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3. The therapist is not always there

As most people do not have a full-time therapist dedicated to their child, the child will be spending more time with you than the therapist. Hence, it will be helpful to learn strategies that work hand-in-hand with what a therapist wants to achieve with the child. This will also provide consistency for the child during therapy and outside therapy hours. Also, if you know or are from a family where a therapist is unavailable, learning these strategies will be even more helpful for you and the child during their development.

4. Making a change

Learning intervention strategies empowers you. Research has shown how paraprofessionals are able to bring about a positive development in children with special needs. For example, paraprofessionals trained with practical strategies were able to advance socialisation skills of children with ASD. Therefore, learning intervention strategies allows you to invoke positive changes for children with special needs.

5. Strengthens relationship with child

By learning intervention strategies, not only will you be able to gain a greater understanding of children with special needs, you will also know how to interact with them. This will allow the child to feel understood and cared for. This will improve communication and reduce misunderstandings between the child and you. In the long run, this will strengthen the relationship you have with the child.



E-learning courses are the way to go in terms of reachability and accessibility. Nurture Pods is the **1st organisation in the world to offer a unique blended approach to teach about children with special needs (e.g., Attention Deficit Hyperactivity Disorder and Global Development Delay)**. Dr. Michael Choy, of Institute of Adult Learning (IAL) Mentor and Director of DioWorks, who worked closely with Mr. Alex Liau in developing and

implementing Nurture Pods training courses, mentioned that through Alex's guidance and expertise, see how children are transformed to make the best of their ability and beyond. He also said that it is in the spirit of reaching out to more people that Alex produced these **online courses to inform, educate, and impact parents and educators about special needs.**

Nurture Pods courses have been accepted by world class online learning platforms such as Udemy.

Our courses are also approved by SkillsFuture Singapore for Singaporeans to use their SkillsFuture Credit. This will allow users to **receive a free online video textbook on the topics of special needs. In addition, they will receive face to face training by the subject matter expert himself who will share his many years of practitioner expertise as a psychologist. As a participant, you will have hands on practice on the various strategies shared in the online textbook.**

For more information on our services, visit www.nurturepods.com (click on training tab)

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